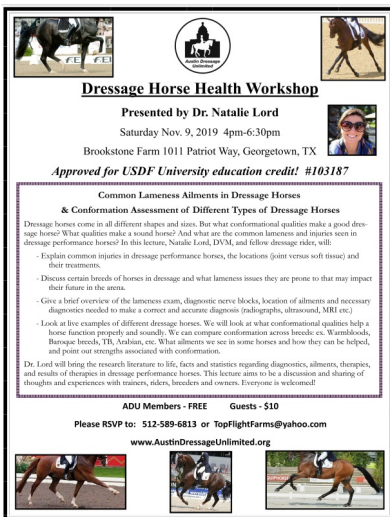




Austin Dressage Unlimited Newsletter

ADU Upcoming Events



Dressage Horse Health Workshop
Presented by Dr. Natalie Lord
Saturday Nov. 9, 2019 4pm-6:30pm
Brookstone Farm 1011 Patriot Way, Georgetown, TX

Approved for USDF University education credit! #103187

**Common Lameness Ailments in Dressage Horses
& Conformation Assessment of Different Types of Dressage Horses**

Dressage horses come in all different shapes and sizes. But what conformational qualities make a good dressage horse? What qualities make a sound horse? And what are the common lameness and injuries seen in dressage performance horses? In this lecture, Natalie Lord, DVM, and fellow dressage rider, will:

- Explain common injuries in dressage performance horses, the locations (joint versus soft tissue) and their treatments.
- Discuss certain breeds of horses in dressage and what lameness issues they are prone to that may impact their future in the arena.
- Give a brief overview of the lameness exam, diagnostic nerve blocks, location of ailments and necessary diagnostics needed to make a correct and accurate diagnosis (radiographs, ultrasound, MRI etc.)
- Look at live examples of different dressage horses. We will look at what conformational qualities help a horse function properly and soundly. We can compare conformation across breeds: ex. Warmbloods, Baroque breeds, TB, Arabian, etc. What ailments we see in some horses and how they can be helped, and point out strengths associated with conformation.

Dr. Lord will bring the research literature in file, facts and statistics regarding diagnostics, ailments, therapies, and results of therapies in dressage performance horses. This lecture aims to be a discussion and sharing of thoughts and experiences with trainers, riders, breeders and owners. Everyone is welcomed!

ADU Members - FREE Guests - \$10
Please RSVP to: 512-589-6813 or TopFlightFarms@yahoo.com
www.AustinDressageUnlimited.org

Dressage horse Health Workshop, what every rider and horse owner needs to know! Sunday Nov. 9th from 4 - 6:30 pm at Brookstone Farms! **RSVP** [here!](#)

Friendly Reminder: Renew your ADU Membership



Welcome to Austin Dressage Unlimited dressage organization based in Austin, Texas. We are a Group Member Organization (GMO) of the United States Dressage Federation (USDF) in Region 9. But ADU is not intended to be localized just in the Central Texas area. We welcome dressage enthusiasts from anywhere and everywhere to join in this uniquely organized dressage club. Please click here to download your membership application.

Congratulations!

Congratulating all ADU members who competed at the USDF Region 9 Championships, and wish good luck to our ADU members who will be attending the USDF National Championships in November in Kentucky.



Training Tips from Carl Hester (Part 1 of 2)

The tips include things about finding the right horse, to training and stable management techniques! Even if you're chosen discipline isn't dressage, you should definitely read these and take them on board. Click here to read them.



Health Tips for your Horses


Adult Horse - TPR

T **Rectal Temperature:**
99 – 101° F (37.2 – 38.3° C)

Factors Affecting:
Exercise, Blanketing, Air Temperature, User
Error (*shake down a mercury thermometer
beforehand!*)

P **Pulse or Heart Rate:**
28 – 44 Beats Per Minute

Factors Affecting:
Excitement, Exercise, Size & Age of Horse,
Counting error (*do not double count!*)

R **Respiration:**
10 – 24 Breaths Per Minute

Factors Affecting:
Excitement, Exercise, Size & Age of Horse

The fall change of season, cooler temperatures, less water and more dry hay consumption means increase chance of colic. This chart can help owners assess the health of their horses and communicate better with their veterinarians.



ADU Member Highlight

Congratulations to Emily and her partner Santana!



Emily and her horse Santana did extremely well at Championships. Lindsey had the opportunity to interview Emily....

How long have you owned/ridden Santana?

I have owned Santana for 2 years. Prior to purchasing him, I had been easing my way back into riding from a long break (and completely new into dressage) with 1 to 2 lessons a month--mainly on Santana. I had these lessons for about 5 months prior to purchasing him. I just knew he was the perfect horse for me, and I was finally at a point in my adulthood where I had a bit more flexibility with my finances and the time commitments. My sweet boy has allowed me to come back to my passion for riding.

What were some of his strengths/ weaknesses in training this level?

Santana is such a lovely horse with a wonderful, overall temperament. He naturally has a beautiful trot and canter, and he puts a smile on your face. Such a shining

personality! His biggest weakness is his nervous anxiety away from home--this (like many others, I'm sure) is a journey and we are working hard to get him more comfortable. He is a pleasant horse with a lot of curiosity--once he gets his mileage in, he is going to be the perfect show partner! Physically, our biggest weakness at this level is our lateral work--we are getting stronger and more supple. This is improving with time in the saddle and hard work.

Did you do anything special nutritionally or body work wise to get ready for championships?

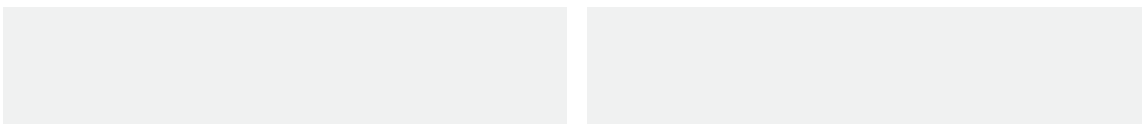
In prepping for Championships, not too much changed nutritionally or body work wise--besides a bit more on-the-ground stretching than our normal. I would have loved to have had body work done on him but just didn't have the extra budget. Thankfully my boy is a pretty easy keeper!

What did your training week look like?

Our week prior to Championships consisted of our normal 5-day work week, 3 of those being lessons. Our rides closer to the show we kept pretty light, and we had a couple of long walk-work sessions. 3 of our rides we ran through a test. We had 3 different tests this show (First 3, First Freestyle, and Second 3). Our main preparation goals were overall suppleness and responsiveness!

Horses for Sale

No need to search far and wide for your new partner! The following are available for your consideration.



OFFERED FOR SALE



Flaubert "Bear"

2004 Trakehner gelding by Feuertanzer

This charming forward thinking chestnut gelding is schooling 3rd - 4th level Dressage. Bear would make a fine partner for a rider who would like to continue with serious dressage training. For more information contact: Brookstone Farm, Georgetown, TX

512-940-2841 or Brookstonefarm@aol.com



"Bear "Presented to you by Brookstone Farms, Contact Carol at (512) 940-2841



ODE TO JOY 2019 KWPN FILLY

FOR SALE

Contango*Wellington/Nimmerdor

Ode to Joy - 2019 KWPN filly, Contango x Wellington/Nimmerdor. Both this filly's sire and dam sire excelled in both International Dressage and Jumping disciplines. A rare accomplishment in these days of breeding specialties. They are leading sires in both disciplines as well. Sweet beautiful filly, will be a big girl when she grows up. Contact Cean Embrey 512-589-6813 or TopFlightFarms@yahoo.com

"Ode to Joy" Presented to you by Top Flight Farms, contact Cean at (512) 589-6813



ADU, Georgetown, TX, www.austindressageunlimited.org

